

# TREATMENT MENU

[www.spa810.co.uk](http://www.spa810.co.uk)



# Exclusive Membership

From just £69 per month

Combining and repeating treatments is the best way to take care of yourself over a lifetime and ensures that results are long lasting. To assist guests visiting spa810 on a more regular basis, we offer a cost-effective solution through monthly membership. Become a spa810 member and enjoy our exclusive benefits.\*

£69

SIGNATURE

\*3 Month Sign-up

- ✓ Access to Invite only Events & Workshops
- ✓ Exclusive Members Mailing List
- ✓ 10% off Retail Purchases
- ✓ 20% off Selected Treatments & Courses
- ✓ FREE Monthly Signature Massage or Facial

£75

PREMIUM

\*6 Month Sign-up

- ✓ Access to Invite only Events & Workshops
- ✓ Exclusive Members Mailing List
- ✓ 10% off Retail Purchases
- ✓ 20% off Selected Treatments & Courses
- ✓ 6 Month Course of Hydrafacial Skin Health for Life. \*Saving £130

£80

PREMIUM +

\*12 Month Sign-up

- ✓ Access to Invite only Events & Workshop
- ✓ Exclusive Members Mailing List
- ✓ 10% off Retail Purchases
- ✓ 20% off Selected Treatments & Courses
- ✓ 12 Month Course of Hydrafacial Skin Health for Life. \*Saving £390

\* Subject to prior booking and availability. 6 Month Premium Membership requires a £200 upfront payment upon sign-up. 12 Month Premium Plus Membership requires a £210 upfront payment. We also ask that you remain a member for the duration of any course of treatments that you book. Please see our website for full Terms & Conditions.

# Skin

## SKIN TREATMENTS

A complimentary, in-depth skin consultation will be carried out by our qualified team of aestheticians prior to any skin treatment.

Using our state of the art Observ Skin Analysis System we can accurately diagnose under-lying skin conditions to help determine your treatment plan. This will ensure that you are advised on the most effective treatment plan for your desired result.

**spa810 SIGNATURE FACIAL** £72  
Relaxing and luxurious facial using Eminence, our organic skin care range. The treatment will be tailored to your skin concerns and will leave your skin feeling rejuvenated and glowing.

## SKINPEN

SkinPen is the only microneedling device approved by the FDA. Clinically proven to safely and effectively treat the skin, it will increase the long-term collagen production naturally. By stimulating the wound-healing response, the appearance of lines, wrinkles and scarring will not only be improved but your skin will be left tighter, radiant and luminous.

**EMINENCE ORGANIC PEEL** £85  
Give your complexion a completely fresh start with a natural organic peel that boasts amazing results. Using gentle but effective acids from natural elements to reveal fresher, clearer, more illuminated skin.

**EMINENCE AGE CORRECTIVE SKIN TREATMENT** £85  
This skin treatment benefits from a natural retinol alternative. Providing benefits to the skin that surpass synthetic retinol, you will visibly see a more youthful and vibrant complexion. Lines and wrinkles are reduced and hydration and texture is improved.

**SKINPEN** £245  
1 hour

**SKINPEN COURSE OF 3** £613  
Buy 3 get your 3rd treatment half price

**SKINPEN COURSE OF 6** £1,225  
Buy 6 treatments for the price of 5

# Skin

## HYDRAFACIAL

Hydrafacial is the highly acclaimed skin detoxifying and deep cleansing experience that helps restore skin health by combining deep cleansing, exfoliation, painless extraction, hydration, antioxidant protection along with red LED light that helps stimulate collagen production.

**HYDRAFACIAL REFRESH** £95  
Skin detoxing and deep cleaning, this is a perfect facial to fit into a lunch break and will boost hydration and leave it glowing.

**HYDRAFACIAL SKIN HEALTH FOR LIFE TREATMENT** £130  
The HydraFacial Skin Health for Life treatment uses super-serums filled with antioxidants, peptides and hyaluronic acid to boost hydration and protect skin from environmental damage, leaving it recharged, renewed, and invigorated.

**HYDRAFACIAL BOOSTER** £160  
This treatment is designed to target specific skin concerns, such as Acne, Pigmentation and Anti-Ageing. Your skin condition will determine which speciality booster will be used along with the 6 step medical grade facial.

**THE ELEMENTS FACIAL** £160  
The Elements facial combines the Hydrafacial Skin Health for Life treatment with the iS Clinical Fire and Ice treatment for ultimate skin rejuvenation.

**THE ELEMENTS BOOSTER FACIAL** £190  
The Elements Booster facial combines the advanced Hydrafacial treatments with the iS Clinical Fire & Ice treatment to target specific skin conditions, such as ageing, pigmentation and acne.

**SPA810 SIGNATURE HYDRAFACIAL** £180  
The Signature HydraFacial is an 8 step facial delivered in one treatment. This includes; lymphatic drainage, hydra dermabrasion (deep cleanse and exfoliation), glycolic peel, extractions, eye treatment, lip treatment, hydration and led light therapy for further rejuvenation. This treatment includes two take home medical grade serums for the eyes and lips.

**HYDRAFACIAL PERK** £40/£30 Eye/Lip  
Treating the delicate eye and lip areas to gently cleanse and plump, these treatments can be added on to your chosen Hydrafacial. This treatment includes a take home medical grade serum for the eyes or lips.

# Skin

## IS CLINICAL SKIN TREATMENTS

### DEEP CLEANSING PURITY RITUAL £50

Featuring a triple resurfacing system of botanical pharmaceutical grade formulations, this deep cleansing facial is designed to remove dead skin, encourage cellular renewal and deep cleanse the skin whilst providing essential nutrients and hydration to reveal a brighter and renewed skin surface.

### FOAMING ENZYME OPTIMIZING TREATMENT FACIAL £85

Designed to revive tired and congested skin, this results-driven treatment features a powerful Foaming Enzyme Masque system which will exfoliate and deep cleanse. This professional treatment combines the highest grade pharmaceutical strength complexes and serums to reveal brighter and tighter radiant skin.

### THE YOUTH RENEWAL TREATMENT FACIAL £90

This results-driven professional anti-ageing treatment features a powerful Foaming Enzyme Masque system which will exfoliate and deep cleanse the pores. The intense revitalizing masque and combination of the highest grade pharmaceutical strength anti-ageing complexes, serums and hydrators reveal brighter, hydrated and tighter radiant skin.

### FIRE & ICE RESURFACING TREATMENT £95

The Hollywood favourite – this intense treatment is clinically formulated to rapidly and safely resurface the skin, reduce fine lines, address problem skin and encourage cellular renewal. Encompassing two professional treatment masques, this is one of the most effective results-driven facials you will ever experience.

## ADVANCED FACIAL ADD-ON

### LED LIGHT THERAPY £50

An LED light facial device is used to accelerate the repair and regeneration of compromised cells in the skin tissue. An effective treatment for anti-ageing, acne, scarring and general skin health optimisation. Red light is used for Collagen stimulation and the optimisation of general skin health.

Blue light is used to kill bacteria on the skin, so fantastic for Acne and breakouts. Near Infrared light treats redness, sensitivity and is fantastic for healing, it can also be used on the body to help to ease muscle pain and joint pain.

# Massage

## RESTORE YOUR BODY AND MIND

Unwind and relax with a spa810 massage totally customised to your needs. Whether you would like to feel energised, relaxed or help relieve muscle tension and aches and pains, or attain relief from chronic pain, a therapeutic massage can enhance your overall sense of emotional and physical well-being.

### spa810 SIGNATURE MASSAGE £69

60 mins

Our deeply relaxing and therapeutic Signature massage treatment starts with a full body-brushing to increase circulation and to help detoxification. Choose from a blend of aromatherapy oils for your massage, whether it be uplifting, energising, relaxing or to relieve muscle tension. A luxurious foot scrub and hot towel treatment will then be given for your total relaxation.

### BODY MASSAGE

30 MINUTES £40

45 MINUTES £50

60 MINUTES £60

Choose your preferred style of massage: Swedish, Aromatherapy, Deep Tissue, Pregnancy.

## ENHANCEMENTS

### SCALP MASSAGE £20

15 mins

A relaxing scalp massage to help relieve tension can be added to any treatment of your choice.

### HOLISTIC WELLNESS PACKAGE £80

90 mins

Within this popular massage package, we have combined our stress relieving reflexology treatment with a therapeutic back massage, creating an overall sense of wellness and relaxation.

## SPECIALITY

### REFLEXOLOGY £50

60 mins

This wonderfully relaxing treatment works the pressure points of the feet to help alleviate symptoms and promote healing of a wide range of problems from fertility to IBS and stress to migraines.

# Laser

## VENUS VELOCITY

Using state-of-the-art diode laser technology, the Venus provides permanent hair reduction for ALL skin types along with an integrated cooling system for your comfort.

Venus Velocity provides quick and effective hair removal for the face and body. A complimentary consultation with patch test will be carried out prior to any laser hair removal course. See Membership details for 20% off all laser courses.

## MENS LASER TREATMENTS

AREA	SINGLE TREATMENT	COURSE OF 6 TREATMENTS	COURSE OF 6 MEMBERSHIP
Beard	£65	£390	£312
Beard & Front Neck	£75	£450	£360
Back of Neck	£40	£240	£192
Nose (exterior)	£40	£240	£192
Earlobes	£40	£240	£192
Chest	£70	£420	£336
Abdomen	£65	£390	£312
Upper Back	£70	£420	£336
Lower Back	£65	£390	£312
Shoulders	£60	£360	£228
Full Back (incl. Shoulders)	£110	£660	£528
Chest & Abdomen	£115	£690	£552
Full Body (excl. face)	£390	£2,340	£1,872
Full Body (incl. face)	£440	£2,640	£2,112

spa810 EXCLUSIVE MEMBERSHIP

Save 20% off all treatments and Selected courses

See page 2 for more information

# Laser

## WOMENS LASER TREATMENTS

AREA	SINGLE TREATMENT	COURSE OF 6 TREATMENTS	COURSE OF 6 MEMBERSHIP
Upper Lip	£40	£240	£192
Chin	£40	£240	£192
Upper Lip & Chin	£50	£300	£240
Lower Face	£65	£390	£312
Full Face	£85	£510	£408
Sideburns	£40	£240	£192
Monobrow	£40	£240	£192
Underarms	£55	£330	£264
Standard Bikini	£60	£360	£288
Brazilian	£95	£570	£456
Hollywood Bikini	£100	£600	£480
Buttocks	£65	£390	£312
Nipples	£40	£240	£192
Abdomen	£65	£390	£312
Naval Pubis Line	£40	£240	£192
Hands & Fingers	£40	£240	£192
Feet & Toes	£40	£240	£192
Upper/Lower Arms	£65	£390	£312
Full Arms	£115	£690	£552
Upper/Lower Legs	£95	£570	£456
Full Legs	£150	£900	£720
Full Body (excl. face)	£330	£1,980	£1,584
Full Body (incl. face)	£380	£2,280	£1,824

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See page 2 for more information

# Body

Freeze away fat with no surgery or needles. If you have stubborn pockets of fat that you can't shift, then fat freezing with CoolSculpting® could be for you. Proven by millions of procedures worldwide.



## GET IN TOUCH TO BOOK YOUR FREE CONSULTATION

CoolSculpting® freezes fat cells and destroys them permanently without the need for surgery. It is non-invasive and safe and delivers outstanding results in just a matter of weeks. CoolSculpting® involves no needles, requires no anaesthetic and there's no downtime following treatment, so you can go about your daily life after treatment without any healing time.

With over six million treatments performed worldwide, CoolSculpting® is the only FDA cleared fat freezing treatment, which permanently and safely removes 20-25% of the fat cells in the treated area.

CoolSculpting® can treat the following areas: Abdomen, Thighs, Bra fat, Double chin, Flanks./ Sides, Upper arms.



# Body

## COOLSCULPTING RESULTS

BEFORE



8 WEEKS AFTER



SECOND COOLSCULPTING® SESSION

BEFORE



13 WEEKS AFTER



SECOND COOLSCULPTING® SESSION

BEFORE



13 WEEKS AFTER



SECOND COOLSCULPTING® SESSION

See our website for detailed information, FAQs & treatment transformations.

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PHOTOS COURTESY OF A. JAY BURNS, MD

# Injectables

## DOCTOR ADMINISTERED TREATMENTS

ANTI-WRINKLE INJECTIONS	
One Area	£180
Two Areas	£249
Three Areas	£289
Four Areas	£329
ADVANCED TECHNIQUES WITH ANTI-WRINKLE INJECTIONS	
Masseter Muscle Reduction	£300
Nefertiti Neck lift	£360
Platysmal Neck Band Reduction	£300
Excessive Underarm Sweating	£450
ADVANCED TECHNIQUES PERFORMED WITH STANDARD AREA	
Gummy Smile Treatment	£100
Droopy Nose Tip	£100
Dimpiled Chin	£100
Bunny Lines	£100
Downward Mouth Corners	£100
Lower Eyelid Lines	£100
Upper Lip Lines	£100

# Injectables

## DOCTOR ADMINISTERED TREATMENTS

DERMAL FILLERS LONG TERM (9-12 MONTHS)	
0.5ml	£230
1ml	£295
1ml 2 Syringes	£549
1ml 3 Syringes	£799
SKIN BOOSTERS	
Profililo (2 Treatments)	£550
Juvederm/Volite 2ml	£470



**DR. RAJ TETHI**  
MBChB BSc (Hons) MRCSEd  
**SPA810 COSMETIC DOCTOR**

Dr Raj Thethi MBChB BSc (Hons) MRCSEd, is a Harley Street-trained, fully medically qualified Cosmetic Doctor with a broad surgical background and a perfectionist's touch.

Dr Raj was trained at the university of Leeds and is a practising doctor in the West Yorkshire area. On completing his postgraduate exams, he obtained his license as a full Member of the Royal College of Surgeons of Edinburgh. He also possesses a separate undergraduate BSc (Hons) degree in Anatomy from the University of Leeds and has a special interest in advanced Head and Neck Anatomy.

He has delivered multiple International presentations, contributed to a wide range of published articles and published multiple International journal abstracts in the field of surgery.

He regularly attends national and international conferences to keep up to date with the latest innovations Cosmetic Surgery. Dr Raj is also an Affiliated Member of the Aesthetic Complication Expert Group of Practitioners (ACE), a national organisation aimed at improving patient safety in Medical Aesthetics.

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## OUR POLICIES

### CANCELLATION & DEPOSIT POLICY

We take a refundable deposit of £50 for all our consultations or 50% of the total treatment cost in the case of individual treatments to ensure attendance. Should you proceed with a treatment(s), this deposit will be taken from the total cost. If you do not proceed following your consultation, the deposit will be refunded. Should you need to cancel or reschedule, we kindly ask that you call us 48 hours before your appointment. Failure to give the full notice will result in the £50 deposit being retained by spa810. This allows us to manage our diaries and offer the appointment time to another guest. Please see our website for full Terms & Conditions.

### ARRIVAL

Please arrive 15 minutes prior to your appointment unless stated otherwise. Please note all timings of treatments are approximate.

### LATE ARRIVAL

Regretfully, late arrival to your scheduled appointment will result in reduced treatment time at the full treatment price unless advised by a member of the spa810 team otherwise.

### CONTRAINDICATIONS

Please inform your therapist prior to your appointment if you are undergoing any medical treatment, are taking medication, have any known allergies, have a herpetic breakout (e.g. coldsore), have undertaken any aesthetic treatments or permanent make-up in the last 14 days, had any facial waxing/laser/threading in the last seven days, are pregnant or trying to become pregnant.

It may be advised not to proceed with the booked treatment for your own welfare. Your personal information will remain in a guest confidentiality agreement with spa810.

A doctors agreement letter may be required before a treatment is carried out. This is standard practice for your own well-being.

### CHILDREN

As we see your treatment time as time for you and for the convenience of other guests enjoying their treatment as-well-as for safety reasons, we kindly request that you are not accompanied by children for your treatment. The minimum age for treatments is 16 with parental consent and accompaniment.

### MOBILE TELEPHONES

Out of respect for all of our guest we ask that all mobile telephones must be switched to silent when entering spa810 for treatments.

### GRATUITIES

Your personal recommendation is our best reward. These can be given through our social media channels.

## GIFT VOUCHERS

Available to purchase instore.

## OPENING HOURS

MONDAY	9am - 7pm
TUESDAY	9am - 7pm
WEDNESDAY	9am - 7pm
THURSDAY	9am - 7pm
FRIDAY	9am - 7pm
SATURDAY	9am - 5pm
SUNDAY	Closed

### BEFORE YOUR TREATMENT

Please inform your therapist prior to your appointment if you are undergoing any medical treatment, are taking medication, have any known allergies, have a herpetic breakout (e.g. coldsore), have undertaken any aesthetic treatments or permanent make-up in the last 14 days, had any facial waxing/laser/threading in the last seven days, are pregnant or trying to become pregnant.



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